

People Accessing Care Teams (PACT) Program Vaughan Community Health Centre



Western York Region (WYR) -Vaughan Site:
9401 Jane St, Suite 106, Vaughan
Phone: 905-303-8490 Fax: 905-303-4922

Northern York Region (NYR) -Keswick Site:
716 The Queensway South, Keswick
Phone: 905-476-5621 Fax: 905-476-3008

Client Information

Name: _____
DOB: _____ M F Other
OHIP Number: _____ VC: _____
Address: _____

Phone: _____ Mobile: _____

Referring Provider Information

Name: _____
Address: _____

Phone: _____ Fax: _____
Billing Number: _____
Signature _____ Date: _____

Client experiencing one or more issues: complex health issues, unemployment, or low-income, inadequate housing, unable to speak English or French, no extended health benefits, transportation issues to medical appointments

Referred client has private health benefits: YES NO

Spoken Language: English French Other (please specify): _____ Interpretation services Required

Please attach Additional History/Clinical Information if required. _____

SERVICE REQUESTED	MANDATORY INFORMATION TO COMPLETE / ATTACH WITH REFERRAL
<input type="checkbox"/> Community Dietitian	Reason for referral _____ <input type="checkbox"/> Medication list <input type="checkbox"/> Recent blood work
<input type="checkbox"/> Diabetes Education Program	<input type="checkbox"/> Pre-Diabetes <input type="checkbox"/> Type 2 Diabetes - Prior diabetes education in last 2 years <input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Insulin / GLP1 Start <input type="checkbox"/> Attach medication list and PMHx <input type="checkbox"/> Attach recent blood work
<input type="checkbox"/> Chiropody (Limited sessions for foot care)	Reason for referral: <input type="checkbox"/> skin pain and lesion (corns/callus/warts) <input type="checkbox"/> ingrown/involuted toenails <input type="checkbox"/> foot/toe pain <input type="checkbox"/> other: (please specify) _____ <input type="checkbox"/> Difficulty with activities of daily living (please specify) _____ Please provide reports if available
<input type="checkbox"/> Physiotherapy (Non-MVA or WSIB)	<input type="checkbox"/> Time of onset _____ <input type="checkbox"/> Medication list <input type="checkbox"/> Diagnostic imaging results (e.g., X Ray, MRI, ultrasound) <input type="checkbox"/> Reason for referral and limitations/restrictions if any _____
<input type="checkbox"/> Mental Health (Non MVA or WSIB) Psychology or Social Work to be triaged	<input type="checkbox"/> Medication list <input type="checkbox"/> Reason for referral: _____ _____
<input type="checkbox"/> Case Management / System Navigation	Reason for referral: _____
<input type="checkbox"/> Pulmonary Rehabilitation COPD Education <input type="checkbox"/> Spirometry Test	<input type="checkbox"/> Medication list <input type="checkbox"/> Attach recently interpreted Spirometry/PFT test reports OR <input type="checkbox"/> Authorization to perform Pre and Post Spirometry testing <input type="checkbox"/> Yes <input type="checkbox"/> No with <input type="checkbox"/> Ventolin, as per medical directive For Spirometry interpretation, please indicate the OHIP Billing # _____
<input type="checkbox"/> Smoking Cessation <input type="checkbox"/> Respiratory Consultation	<input type="checkbox"/> Medication list attached <input type="checkbox"/> Reason for Referral _____ <input type="checkbox"/> Authorization to select, dispense titrate NRT as per medical directive

To receive updates about the PACT program & other services available at VCHC, SUBSCRIBE AT: WWW.VAUGHANCHC.COM

Western-Northern York Region People Accessing Care Teams (PACT) Vaughan Community Health Centre

Description of services offered at Vaughan CHC – Western and Northern York Region PACT Program.

Allied Health Services	Description	
Community Dietitian (up to 6 sessions)	<ul style="list-style-type: none"> Prenatal (pregnancy), infant, toddler nutrition (failure to thrive, picky eater, low weight gain) Digestive issues (e.g., reflux, Irritable bowel Syndrome, Inflammatory Bowel Disease, etc.) Food allergies and intolerances 	<ul style="list-style-type: none"> Hypertension High Cholesterol Weight management, Meal Planning Prediabetes, “at risk”, type 2 on oral medications at NYR Keswick site
Diabetes Education & Management -	Services provided by Diabetes Educator Nurse and Dietitians for: <ul style="list-style-type: none"> Adults with Type 2 diabetes Adults with pre-diabetes Adults with insulin/non-insulin injections (GLP-1 Agonist) 	
Chiropody (4 sessions only)	<ul style="list-style-type: none"> Dermatological issues (warts/corns/callus). Individuals who have issues with activities of daily living, (for e.g., decreased in mobility or cognitive impairment) Clients with pre-diabetes will be offered to attend a group session to receive foot care education 	Diabetes <ul style="list-style-type: none"> Peripheral neuropathy needing second tier devices to prevent diabetes related foot complications.
Physiotherapy (Up to 6 sessions)	<ul style="list-style-type: none"> Personalized therapeutic exercise Soft tissue and manual therapy techniques Functional activity and tolerance testing and training 	<ul style="list-style-type: none"> Prescription, fabrication and application of assistive, adaptive, supportive, and protective devices and equipment
Mental Health (Psychology/Social Work to be triaged) (Psychologist - up to 5 sessions) (Social Worker up to 6 sessions)	<ul style="list-style-type: none"> Individual counselling, couples counselling and family counselling Mental health issues including depression and anxiety Managing emotions Trauma 	<ul style="list-style-type: none"> Low self-esteem Parenting/Family issues Life stressors Work/life balance Isolation
Case Management / System Navigation	<ul style="list-style-type: none"> Support in navigating various systems - education, legal, housing, and employment 	<ul style="list-style-type: none"> Referrals to other community organizations and government services Help with completing applications/forms
Chronic Obstructive Pulmonary Disease (COPD) Rehabilitation Program	<ul style="list-style-type: none"> Respiratory consults to assesses respiratory therapy needs Smoking Cessation for individuals and in group counselling sessions for clients 19 years of age and above 	<ul style="list-style-type: none"> Spirometry Tests Self-management education Exercise Groups
Spirometry Test	<ul style="list-style-type: none"> Lung functioning diagnoses for Asthma, COPD, and other conditions that affect breathing 	
Smoking Cessation	<ul style="list-style-type: none"> Individual and group counselling for individual 19+years of age and above 	
Respiratory Consultation	<ul style="list-style-type: none"> Registered Respiratory Therapist assesses respiratory therapy needs 	
Group Programs	<p>The health promotion team provides health promotion programs for youth & families, adults, and seniors. Programs are provided in person or virtually through an online video platform. For more information, please visit our website at http://www.vaughanchc.com/health-promotion-group-programs/ or call directly for more information: WYR: 905-303-8490 Ext 3, NYR: 905 476 5621 Ext 2604.</p> <p>Diabetes Prevention & Management Group Programs. Clients can call directly for more information: 905-303-8490 Ext. 2</p> <p>Exercise Education Programs focus on preventing or managing chronic illnesses and are for individuals who are looking to begin exercising or incorporating light activity. Call directly for more information: 905-303-8490 Ext. 2</p> <p>COPD Group Programs focus on self management education to help manage COPD. Call directly for more information: 905-303-8490 Ext. 2</p> <p>For a full list of programs, please visit http://www.vaughanchc.com/programs-services/pact/</p>	

Please note:

- Clients can be referred for more than one service with the same referral form. Please check all services needed
- Referrals sent without **mandatory documents** will not be processed and returned for follow-up
- **3 attempts will be made to contact the client** to schedule the appointment. If attempts are unsuccessful the referral will be closed, and the referring clinician will be informed
- For more information on PACT program and other Vaughan CHC services, please visit: www.vaughanchc.com